





This event has been organised in the hope that it will bring non-Muslims and Muslims together, providing an opportunity for everyone to make new friends and contacts.

We aim to encourage participation in community gardening, healthy eating and active lifestyles. We also strive to promote organic food cultivation and consumption.

We are grateful to the following for their support and assistance:

- MAC (Muslim Association of Canterbury)
- Canterbury Community Gardens Association





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Saturday March7th, 2020

2 PM at the An Nur Mosque 101 Deans Avenue, Riccarton, Christchurch Exotic Organic Food! (mostly vegetarian). Chefs from India, Tanzania, Yemen, Egypt and Bangladesh (to name just a few!) Guest speakers. Fun, Games and Exhibitions

Come along and enjoy a meal cooked by members of the Christchurch Muslim community from ingredients provided by a variety of community gardens from around Otautahi (Christchurch).





Nothing can compare to the taste of an organic piece of fruit or vegie. But in order to save a few dollars most of us are willing to settle for second best and buy and eat food that is heavily sprayed and chemically fertilized.

Thankfully, on **Saturday March 7, 2020** none of what you will eat will be second best – all ingredients will be 100% organic!

The food on the day will be prepared by members of the Muslim community. They will cook the food in excitingly different ways to what we are used to here in New Zealand.

The ingredients will be provided by a variety of community gardens from around Otautahi (Christchurch).

It has been a bumper growing season this year, with lots of rain in the early spring followed by long spells of warm, sunny weather – meaning there will be lots of food for everyone!

Most of the food will be vegetarian.Vegan and glutenfree food will also be available.And of course, because the food will be served at the mosque and prepare by Muslims everything is Halal. The fun starts at 2 pm. There will be guest speakers, exhibitions and plenty of good conversation.

An Nur Mosque is child friendly so bring your kids along too!

The mosque grounds are **smoke and alcohol free** and **dogs are also not allowed** on the premises.

BYO! Mosque Harvest Picnic has a **zero waste policy**, so please bring your own empty plate, cup and spoon.

